

## Indoor/Outdoor Recess Policy

Indoor recess will be implemented if:

- The temperature outside is 22° or lower
- There is hail, full rain, currently snowing, lightning or strong winds
- The temperature is 95° or higher
- When there is poor air quality as reported by the Utah Division of Air Quality.
  - \* All students will remain indoors for recess if the air exceeds 55.5. for particulate matter
  - \* If the particulate matter is between 35.5 and 55.4 and the temperature is in excess of 22°, students will be allowed to go outside.
  - \* If the particulate matter is in excess of 35.5, students who are sick or are “sensitive students” will be encouraged to stay inside.
  - \* Any parent that feels that the conditions are not appropriate for their students to go outside for recess will need to email or send a note to the teacher to be excused from recess. The student will be allowed to stay indoors and the school will provide supervised adequate arrangements for them.
  - \* A doctor’s note will be required if the student needs to stay inside for all poor air days or if their condition is **more serious than a common illness.**
  - \* Sensitive students may include those with: asthma, cystic fibrosis, chronic lung disease, congenital heart disease, compromised immune systems, or other respiratory problems. Respiratory symptoms may include: coughing, wheezing, bloody nose, shortness of breath, and chest tightness.