





Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Soft Pretzel 36g Cheese sauce 7g Fruit or veggie Treat Milk	2 Ham and Cheese Pocket 35g Chips 21g Fruit or Veggie Milk	3 
4	5 Pulled Pork 35g Chips 21g Fruit or Veggie Milk	6 Macho Nacho 31g Treat Fruit Or Veggie Milk	7 Pizza 25g Breadstick 21g Fruit or Veggie Milk	8 Science Fair Sack Lunch	9 No School	10
11 	12 Corn Dog 30g Chips 20g Fruit or Veggie Milk	13 Walking Taco 24g Fruit or Veggie Milk	14 Pizza 25g Breadstick 21g Fruit or Veggie Milk	15 Chicken Sandwich 42g Fries 21g Fruit or Veggie Milk	16 Cheese breadstick 25g Sauce 7g Fruit or Veggie Milk	17
18	19 No School	20 Chicken Strips 27g Chips 21g Fruit or Veggie Milk	21 Pizza 25g Breadstick 21g Fruit or Veggie Milk	22 French Dip 30g Tator Tots 19g Fruit or Veggie Milk	23 Lasagna Roll Up 40g Salad Fruit or Veggie Milk	24
25	26 Teriyaki Chicken 10g Rice 18g Fortune Cookie Fruit or Veggie Milk	27 Cheeseburger 28g Chips 20g Fruit or Veggie Milk	28 Pizza 25g Breadstick 21g Fruit or Veggie Milk			

Notes

This Institute is an equal opportunity provider
 Menu Subject to change without notice
 Juice 19g carbs
 Milk 11g carbs

\$2.35-Elementary
 \$2.50- Middle School
 \$3.50-Adult
 .50 Extra Milk