

# SEPTEMBER 2022

## Bonneville Academy

### BREAKFAST



Breakfast Prices  
K-5<sup>th</sup> \$1.50  
6<sup>th</sup>-8<sup>th</sup> \$1.60

\*Menu items subject to change upon availability of product.

**CEREAL SERVED DAILY**



**September is National Biscuit Month.** Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

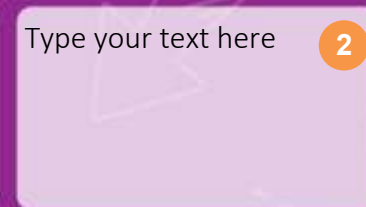
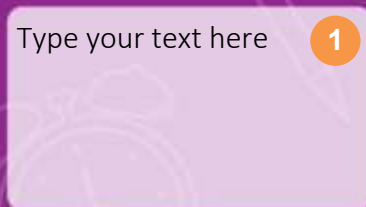
#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



LABOR DAY

5

NO SCHOOL

Pop Tarts

6

Yogurt

Fruit

Milk

Pancake Bowl

7

Bacon

Fruit

Milk

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1

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2

Muffins

8

String Cheese

Fruit

Milk

Fruit & Granola

9

Parfait

Chocolate Milk

Cinnamon Rolls

Fruit

Milk

Juice

Cereal Bar

13

Yogurt

Fruit

Milk

Waffles

14

Bacon

Fruit

Milk

Bagels & Cream

15

Cheese

Fruit

Milk

Fruit & Granola

16

Parfait

Chocolate Milk

Juice

Breakfast Biscuit

19

Fresh fruit

Milk

Juice

Glazed Donuts

20

Fruit

String Cheese

Milk

Breakfast Pizza

21

Yogurt & Pears

Milk

\*\*Early Release PT Conf.

Muffins

22

String Cheese

Fruit & Milk

\*\*Early Release PT Conf.

NO SCHOOL

23

COMP DAY

Cinnamon Rolls

26

Fresh Fruit

Milk

Juice

Pop Tarts

27

Fruit

String Cheese

Milk

Pancake Bowl

28

Bacon

Fruit

Milk

Berries & Cream Danish

29

Fresh Fruit

Milk

Fruit & Granola Parfait

30

Chocolate Milk

Juice

# SEPTEMBER 2022

## Bonneville Academy



Lunch Prices  
K-5<sup>th</sup> \$2.35  
6<sup>th</sup>-8<sup>th</sup> \$2.50

\* Menus items subject to  
Change upon item availability

SALAD BAR OFFERED DAILY



**September is Whole Grains Month!** Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



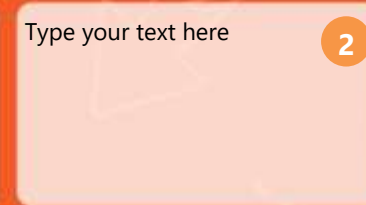
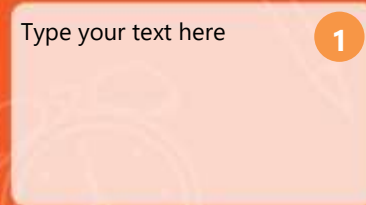
### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Labor Day 5  
  
NO SCHOOL

Bean & Cheese Burrito 6  
Spanish Rice  
Fruit & Veggie & Milk

Papa John's Pizza 7  
Fruit & Veggie  
Salad Bar  
Chocolate Milk

Fettuccini Alfredo 8  
Breadsticks  
Broccoli & Fresh Fruit  
Milk

NO SCHOOL 9

Chicken Sandwich 12  
Pickle Wedge  
Sunchips  
Fresh Fruit & Veggie

Taco Sticks 13  
Refried Beans  
Corn & Apple  
Milk

Papa John's Pizza 14  
Fruit & Veggie  
Salad Bar  
Chocolate Milk

Country Fried Steak, 15  
Potatoes & Gravy,  
Corn  
Orange Slices & Milk

Orange Chicken 16  
Eggroll  
Fried rice  
Fresh Fruit & Milk

Hamburger 19  
Fries & Pickle  
Wedge  
Fresh Fruit & Milk

Cheese Enchiladas 20  
Cheesy Refried  
Beans, Fresh Fruit & CMilk

PB & Jelly Sand. 21  
Apple Slices  
Doritos & Milk  
\*Early release

Grilled Cheese 22  
Banana & Nutella  
Chocolate Milk  
\*Early release

NO SCHOOL 23  
COMP DAY

Chicken Tenders 26  
Pickle Wedge  
Doritos  
Fresh Fruit & Veggie

Taco Sticks 27  
Spanish Rice  
Fresh Fruit & Veggie  
Milk

Papa John's Pizza 28  
Fruit & Veggie  
Salad Bar  
Chocolate Milk

Orange Chicken 29  
Eggroll  
Fried Rice  
Fresh Fruit & Milk

Grilled Cheese 30  
Tomato Soup  
Fresh Melon Cup  
Green Beans & Milk