

DECEMBER 2023

BONNEVILLE ACADEMY

LUNCH



LUNCH PRICES:
K-5th \$2.35
6th-8th \$2.50
Reduced: .40

*Menu items subject to change w/o notice.

****Salad Bar Served Daily****



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined gra



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



****This institution is an equal opportunity Provider.**



Chicken Tenders
French Fries
Sweet Corn
Apple Variety &
Salad Bar Variety & Milk

4

Hard Shell Taco (beef)
Cilantro Lime Rice
Roasted Carrots
Orange Slices
Salad Bar Variety & Milk

5

Meatball Sub
Rotini Salad
Green Beans
Pineapple Tidbits
Salad Bar Variety & Milk

6

Teriyaki Chicken
Rice
Eggroll **Fortune Cookie
Sliced Pears
Salad Bar Variety & Milk

7

Pizza Ripper
Garlic Breadstick
Mixed Veggies
Melon Medley
Salad Bar Variety & Milk

8

BBQ Pork Sandwich
French Fries
Roasted Carrots
Mixed Berry Slushee
Salad Bar Variety & Milk

11

Cheese Quesadilla
Seasoned Rice
Roasted Veggies
Sliced Peaches
Salad Bar Variety & Milk

12

Pasta w/Marinara or Alfredo
Cheese Breadstick
Steamed Baby Peas
Applesauce
Salad Bar Variety & Milk

13

Bonneville Christmas Meal
Roasted Ham or Turkey, Roll
Potatoes, Gravy & Corn
**Pumpkin or Apple Pie
Salad Bar Variety & Milk

14

****PAPA JOHNS****
Garlic Breadstick
Mixed Veggie
**Peach Slushee
Salad Bar Variety & Milk

15

Macaroni & Cheese
Potato Wedges
Sweet Corn
Apple Variety
Salad Bar Variety & Milk

18

Nacho Supreme (chicken or pork)
Seasoned Rice
Black Bean Salsa
Fruit Variety
Salad Bar Variety & Milk

19

Popcorn Chicken Bowl
Fresh Baked Roll
Green Beans
Fruit Cup
Salad Bar Variety & Milk

20

****BRUNCH FOR LUNCH****
French Toast Stix & Sausage
Hashbrown
**Juice Box & Fresh Melons
Salad Bar Variety & Milk

21

Corndogs
Green Beans
Applesauce Cups
Salad Bar Variety & Milk
****EARLY RELEASE****

22

WINTER BREAK

25

WINTER BREAK

26

WINTER BREAK

27

WINTER BREAK

28

WINTER BREAK

29

DECEMBER 2023

Type Your School Name Here

BREAKFAST



BREAKFAST PRICES:

K-5th \$1.50

6th-8th \$1.50

Reduced: .30

DAILY OPTIONS: Cereal, Milk, Toast, Yogurt, String Cheese
Juice & Fruit.

**Menu items subject to change
w/o notice



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.

Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

MONDAY



TUESDAY

**This institution is an
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provider.

WEDNESDAY



THURSDAY

FRIDAY

4

Breakfast Burrito

5

Waffles

6

Chocolate Filled Pastry

7

Scrambled Eggs

8

Pop Tart or Cereal Bar

11

Breakfast Burrito

12

Scrambled Eggs

13

French Toast Sticks

14

Waffles

15

Pop Tart or Cereal Bar

18

Breakfast Burrito

19

Waffles

20

Chocolate Filled Pastry

21

Scrambled Eggs

22

Pop Tart or Cereal Bar

EARLY RELEASE

25

WINTER BREAK

26

WINTER BREAK

27

WINTER BREAK

28

WINTER BREAK

29

WINTER BREAK