

# SEPTEMBER 2024

## BONNEVILLE ACADEMY

### LUNCH



**LUNCH PRICING;**  
K-8<sup>th</sup> \$2.70  
Reduced .40

**\*\*Menu items subject to change.**

**FULL SALAD BAR OPTION SERVED DAILY WITH MEAL.**



**September is Whole Grains Month!** Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.

**\*\*This institution is an equal opportunity provider.**



### MONDAY

**LABOR DAY**

2

**NO SCHOOL**

### TUESDAY

Nacho Supreme (Beef)  
Refried Beans  
Cilantro Lime Rice  
Applesauce Cups  
Salad Bar Variety & Milk

3

### WEDNESDAY

Meatball Sub  
Cottage Cheese Cups  
Mixed Veggies & Pear Slices  
\*Peanut Butter Cookie  
Salad Bar Variety & Milk

4

### THURSDAY

Sweet N Sour Chicken  
Fried Rice  
Eggroll & Fortune Cookie  
Fruit Cup  
Salad Bar Variety & Milk

5

### FRIDAY

Pizza Ripperz  
Garlic Breadstick  
Mini Peppers & Hummus  
Orange Wedges  
Salad Bar Variety & Milk

6

Hamburger or Chicken  
Sandwich  
Fries  
Pasta Salad & Sliced Peaches  
Salad Bar Variety & Milk

9

Soft Taco (Beef)  
Spanish Rice  
Refried Beans  
Berry Medley  
Salad Bar Variety & Milk

10

Chicken Pita Pocket  
Doritos  
Mixed Veggie & Craisins  
\*Chocolate or Vanilla Cake  
Salad Bar Variety & Milk

11

Baked Potato  
Cheese Sauce  
Chili Beans & Grapes  
Fresh Baked Roll  
Salad Bar Variety & Milk

12

Pizza Ripperz  
Garlic Breadstick  
Apples & Nutella  
Steamed Carrots  
Salad Bar Variety & Milk

13

Grilled Cheese or Chicken  
Sandwich  
Fries  
Steamed Broccoli & Peaches  
Salad Bar Variety & Milk

16

Bean & Cheese Burrito  
Cilantro Lime Rice  
Orange Wedges & Peas  
\*Pudding Cup  
Salad Bar Variety & Milk

17

Popcorn Chicken  
Mashed Potatoes & Gravy  
Sweet Corn  
Sliced Pears  
Salad Bar Variety & Milk

18

**BRUNCH FOR LUNCH**  
Croissant Sandwich (sausage)  
Hash Brown & Veggie  
Juice Box  
Salad Bar Variety & Milk

19

Pizza Ripperz  
Garlic Breadstick  
Apples & Nutella  
Cucumber Slices  
Salad Bar Variety & Milk

20

Chicken Tenders or Chicken  
Sandwich  
Tator Tots & Corn  
Fruit Salad  
Salad Bar Variety & Milk

23

Chicken Quesadilla  
Seasoned Rice  
Black Bean Salsa  
Pineapple Tidbits  
Salad Bar Variety & Milk

24

Ham & Turkey Croissant  
Goldfish Crackers  
Green Beans  
Waldorf Salad  
Salad Bar Variety & Milk

25

Pork Chop & Roll  
Mashed Potatoes & Gravy  
Corn & Applesauce Cup  
\*No Bake Cookie  
Salad Bar Variety & Milk

26

**\*PAPA JOHNS PIZZA\***  
Garlic Breadstick  
Apples & Peanut Butter  
Carrot Sticks  
Salad Bar Variety & Milk

27

Corn Dog or Chicken Sandwich  
Tator Tots  
Cole Slaw  
Pears  
Salad Bar Variety & Milk

30

